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## Why Does School-Based Mental Health Matter?



School-based therapy can help students heal from trauma, navigate tricky situations, receive trauma-informed counseling, and so much more.

**Beyond supporting students through counseling, CHRIS 180's therapists are a lifeline for families who may need additional support.**

With the help of people like you, CHRIS 180 provides resources like family counseling, housing resources and wraparound support for families impacted by substance use - all at no cost to students and their families.

[Your gift today](#) helps fund in-school mental health support as well as critical resources for families. Together, we can strengthen learning environments while positively impacting family dynamics - **resulting in a stronger community for us all.**

"Our school-based mental health program brings parents and teachers together on behalf of the child.

It makes the student's life better, which helps the school, which helps the community. It's concentric circles that ripple out from students receiving the help they need."

- Dr. Anne Cornell, PhD, LPC,  
Chief Clinical Officer, CHRIS  
180



## Will you help?

[Yes, Count Me In!](#)



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